

## Utah Commission on Aging October Meeting Agenda

Date: Wednesday, October 15, 2014

Time: 12:00-1:30 PM

Location: West Valley City Hall, 3600 S Constitution Blvd (2700 W) WVC, Utah 84119

TRAX OPTION: Take [The Green Line](#) to West Valley Central Station, across the street from the WVC Hall  
Luncheon Served – RSVP Required

X= Attended	INVITED ATTENDEES Members & Proxies	REPRESENTING
	Karla Aguirre (proxy for Jon Pierpont)	Utah Department of Workforce Services
Excused	Representative Stewart Barlow	Utah House of Representatives
X	Mayor Ron Bigelow – West Valley City	Utah League of Cities and Towns
X	Barry Burton	UT Association of Counties
X	Chuck Cruz	Bureau of Emergency Medical Services
Excused	Michael S. Cupello	Public Safety Sector
X	David C. Gessel	Health Care Provider Industry
	Carol George	Governor's Office of Economic Development
Excused	Danny Harris (proxy for Alan Ormsby)	Aging Advocacy Organizations
X	Nels Holmgren – Vice Chair (proxy for Ann Silverberg Williamson)	Department of Human Services
X	Becky Kapp - Chair	UT Area Agencies on Aging
X	Gary Kelso	Long-Term Care
	William (Bill) Knowles	UT Transportation
X	Tracey Larson	Financial Institutions
Excused	Alan K. Ormsby, JD	AARP, Aging Advocacy Organizations
X	Anne Palmer (Executive Director)	Utah Commission on Aging
	O. Fahina Tavake Pasi	Ethnic Minorities
	David Patton	Utah Department of Health
	Robert Rolfs, MD (proxy for David Patton)	Utah Department of Health
Excused	Senator Brian Shiozawa, M.D.	Utah Senate
	Angie Stefaniak (proxy for David Patton)	Utah Department of Health
	Mary Street	Business Community
X	Mark Supiano, M.D.	Higher Education
Excused	Nate Talley	Governor's Office of Management and Budget
X	Bette Vierra	General Public
Excused	Frances (Fran) Wilby	Charitable Organizations
Excused	Ann Silverberg Williamson	Department of Human Services
	Troy Wilson, JD	Legal Profession
Staff & Guests		
X	Holly Abel	Program Coordinator, UCOA
	Deb Burcombe	Utah Health Care Association
X	Marion Davies	Dept. of Workforce Services
X	Duncan Evans	Gov.'s Office of Management and Budget
X	Bob Fitzgerald	West Valley City Fire Marshall
X	Cole Hansen	Gov.'s Office of Management and Budget
	Nancy Madsen	Utah Division of Aging & Adult Services
	Shawn McDonough	SLC Mayor's Office
X	Jen Morgan, Director	Aging & Disability Resource Center (ADRC)
X	Pam Perlich	UU Bureau of Economic & Business Research
	Rachael Stewart (proxy for Karla Aguire)	Utah Department of Workforce Services
X	Lana Stohl	Department of Human Services
	Adam Trupp	Utah Association of Counties
X	Cindy Turnquist	Sage Hill CoHousing

**1. Luncheon, Introductions, Minutes Approval - Becky Kapp**

12:00-12:05 PM

The August meeting minutes were approved.

**2. Utah Aging Demographics - Pam Perlich,  
Bureau of Economic and Business Research (BEBR), University of Utah**

12:05 - 12:45 PM

Pam is the senior research economist for the Utah Community Data project. She shared her expertise and findings with the Commission. The following are bulleted highlights:

- Age structure is the birth pattern. 1940 – 1957 peak of baby boom. 2.1 children per woman. There was a surprise peak of birth in 2007. The “Millennials” are now coming of age. There have been record numbers of immigration. Since typically young people have the babies, the birth rate is dropping as our community ages. When you attract young people to the community you get more babies. Millennials are exceeding the Baby Boomers.
- Millennials: Multicultural, ethnic, ecologically aware, socially aware,
- Utah had a big baby boom in the 1980s (a lot of people moving in during the 1970s), another wave of move-ins took place in the 1990s
- In the 1960’s there were 4.2 children per women in Utah
- In 2013 there were only 2.4 children per women in Utah
- Fertility rates are not a driver for population growth in the state
- Cache County has very high life expectancy.
- Retirement in 2030 is going to look much different. People will have to work for as long as they can. There will be no more pensions and possibly no Social Security benefit.

**Chart of net-migration shown**

- People kept moving to Utah even when we had recession and loss of jobs.
- Minority has a large share of the population. Ogden, Orem and SLC have become global metropolitan cities.
- Not all minorities are captured in these statistics.
- Currently there are 129 languages in the Utah school system
- The baby boomer group in Utah is a much less diverse group; Very homogenous.
- In the 2020s a large proportion of the state will be older folk.
- Utah is continuing to become more diverse and more like the “outside world”, especially in urban areas.

**For more information please visit The Utah Community data project**

[www.UCDP.Utah.edu](http://www.UCDP.Utah.edu)

(Note: You will need flash installed on your computer to be able to use the tool)

**Housing policies impact where people live**

- 34 people are retirement age per 100 in Utah.
- Wave of retirement age is soaring.

Pam is working with Government planning office to try to get “projected figures”. For now it is all current and past. New Health Data has been added for state-wide projections.

**3. Vials of Life Program – Bob Fitzgerald, WVC Fire Marshall**

12:45 - 1:00 PM

Bob Fitzgerald explained the “Vials of Life Program” which includes is a kit including a simple plastic jar, a form to fill with pertinent personal information and medical information, and a magnet to put on the refrigerator to let Emergency Response know that the vial is in the fridge.

- Inside the fridge will be the vial with the paper of crucial information for an emergency situation.
- WVC introduced the program with 5K jars and they ran out very quickly.
- Bob encouraged members to ask our communities and city emergency management and fire Departments to implement the vials of life program.
- Currently WVC is looking for more jars, and taking donations.

#### Commission suggestions

- Include the POLST form box on the vial of life.
- POLST and ePOLST added to the refrigerator kit, with a larger container.
- Change DNR to POLST on the form.
- Go to tennis camps and request used tennis ball containers.
- Add a “Last updated” box on the form.

Costs involved: Community outreach, cost of materials to hand out

Challenge: How to remind people to do the updates?

These forms are made available on the West Valley City website.

Chuck Cruz shared that this program has made a big difference in treating patients quickly and Emergency Response have come across these forms on a daily basis.

#### 4. **Rocky Mt. Geriatric Conference** – Mark Supiano, MD – Center on Aging 1:00 – 1:10 PM

Dr. Supiano reported on the recent **12<sup>th</sup> Annual Rocky Mountain Geriatric Conference**, held at Snowbird Resort September 15-16, 2014 with the theme “*Unlocking Doors across the Long-Term Services and Support Spectrum*”.

- The three guest keynote speakers were well received.
- The GRECC care staff is working hard trying to prevent readmissions. Their findings were presented.
- There were over 200 participants at the conference, representing a majority of local and regional attendees but also some national. VA National attendance has dropped due to budget cuts.
- This year the conference was Streamed LIVE and educational credit was provided. About 50 people were on the web, so next year the conference will be offered online via a registration fee.
- Next year the Conference will be partnering with the new Denver GRECC.

**2015 Topic Requests:** Now is the time to put forward topics for next year’s conference. Mental health need is a prominent topic that has been suggested.

- Please send direct comments to Mark Supiano.
- Gary Kelso offered to promote the conference on the board level.

HURSA will be putting out a call for geriatric care center.

The Utah Center on Aging plans to apply for creating a Geriatric Care Center in Utah. It is a competitive application that will be submitted, which promotes educational services in long-term care facilities, and targets offering services for families.

Geriatricians are at a critical low in the state of Utah. There are only a small handful currently, and not enough to fill the need. Although the U is trying to encourage more Geriatrician training, at this time they can only train 3 per year due to budget constraints.

## 5. Other Business Items

1:10 - 1:30 PM

### **Legislature Updates:**

Rep. Chavez-Houcks provided the Commission 2 hours recently to present on aging issues to the House and Senate. Representatives at that meeting were Adult protective services, Scott McBeth, Nels Holmgren, Anne Palmer, Becky Kapp, Michael Stiles from State (Aging wavers). The AARP and Alzheimers also presented. It was a very productive conversation and there was positive interaction with the legislature.

**Roundtable October 16<sup>th</sup>**: Presenting meals on Wheels that the AAA is asking for. A handout was shown that will be shared at the roundtable.

**Music and Memory Updates**/ Anne reported that so far the program has raised \$1100 through the Coalition and many community partners, including Jewish Family Services, UT healthcare Association, Skullcandy. Moneys are coming in. These coalition meetings take place every 6 week. Current focus is on a communication plan. Many people have iPODS in their houses that work which they don't use and the Music & Memory program need those devices to be donated. All AAA are taking the donations of used iPODS. Musician Kurt Bestor is going to be a promoter of the program during his holiday concerts.

**All are welcome to join this coalition, please let Anne know if you are interested.**

- **Information about the Music and Memory program can currently be found at:**  
**[www.Musicandmemory.org](http://www.Musicandmemory.org)**
- **Jewish Family Services**

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**Sage Hill Cohousing Lecture: Saturday Utah Cultural Celebration Center**– shared homes, RV Parks, creating community with co-care for each other.

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**Elder Abuse Conference – June 2015** - Paul Greenwood, national expert on elder exploitation will be the guest lecturer.

## 6. Meeting Adjourned

1:30 PM

### **2014 Bi-Monthly Commission Meeting Schedule**

- **Wed. Dec. 10th, 2014** 12:00 - 1:30 PM University of Utah Union Building, Parlor A, 200 S Central Campus Drive, Salt Lake City, Utah 84105 / holiday luncheon served, RSVP Required
- **2015 Meeting Schedule** begins **Wed. February 11<sup>th</sup>** and continues bi-monthly. A full schedule will be sent in Outlook to all members in December.

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Holly Abel

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