

Utah Commission on Aging April 2015

Meeting Minutes

Date: Wednesday, June 10, 2015

Time: 12:00-1:30 PM

Location: Tenth East Senior Center -237 South 1000 East, Salt Lake City, UT 84102

	INVITED ATTENDEES	REPRESENTING
Attendance	Members	
no	Karla Aguirre (proxy for Jon Pierpont)	Utah Department of Workforce Services
Excused	Representative Stewart Barlow	Utah House of Representatives
Excused	Mayor Ron Bigelow – West Valley City	Utah League of Cities and Towns
yes	Barry Burton	UT Association of Counties
no	Patty Conner (proxy for Val Hale)	Governor’s Office of Economic Development
no	Michael S. Cupello	Public Safety Sector
Excused	David C. Gessel	Health Care Provider Industry
Excused	Val Hale	Governor’s Office of Economic Development
no	Danny Harris (proxy for Alan Ormsby)	Aging Advocacy Organizations
Excused	Nels Holmgren – Vice Chair (proxy for Ann Silverberg Williamson)	Department of Human Services
yes	Andrew Jackson	Public Transportation
yes	Becky Kapp – Chair	UT Area Agencies on Aging
no	Gary Kelso	Long-Term Care
Excused	Tracey Larson	Financial Institutions
yes	Alan K. Ormsby, JD	AARP, Aging Advocacy Organizations
yes	Anne Palmer (Executive Director)	Utah Commission on Aging
yes/maybe	O. Fahina Tavake Pasi	Ethnic Minorities
Excused	David Patton	Utah Department of Health
Excused	Senator Brian Shiozawa, M.D.	Utah Senate
yes	Angie Stefaniak (proxy for David Patton)	Utah Department of Health
yes	Mary Street	Business Community
yes	Mark Supiano, M.D.	Higher Education
no	Nate Talley	Governor’s Office of Management and Budget
yes	Elizabeth (Bette) Vierra	General Public
Excused	Frances (Fran) Wilby	Charitable Organizations
Excused	Ann Silverberg Williamson	Department of Human Services
yes	Troy Wilson, JD	Legal Profession
	Invited Guests	
yes	Regina Campbell (proxy for Fran Wilby)	Neighbors Helping Neighbors
yes	Ronnie Daniel	Alzheimer’s Association, Utah Chapter
yes	Marion Davis (proxy for Karla Aguire)	Dept. of Workforce Services
yes	Cole Hansen	Gov.’s Office of Management and Budget
yes	Margene Luke	Utah Coalition of Caregiver Support
yes	Keaton McDonald	Hamilton Relay of Utah
yes	Shawn McDonough	SLC Mayor’s Office
yes	Jen Morgan, Director	Aging & Disability Resource Center - ADRC
yes	Layne Morris (proxy for Mayor Bigelow)	West Valley City
yes	Daniel Musto	Division of Aging and Adult Services
yes	Brenda Oberg	Director, Tenth East Senior Center
yes	Richard Starley	Utah Senior Village
yes	Lana Stohl	Representing Ann Williamson, Dept. of Human Services
no	Cindy Turnquist	Sage Hill Cohousing
yes	Ralph Vaughan	Davis Co. Senior Services Advisory Board

Luncheon Served

12:00 PM

1. Welcome, Introductions, Minutes Approval – Becky Kapp 12:00 - 12:05 PM

2. Commission Updates – Anne Palmer 12:05 – 12:25 PM

Anne shared a PowerPoint presentation addressing the following points

a. Uploading POLSTs from SNFs to cHIE

Changes to the Utah “Providers Order for Life Sustaining Treatment” (POLST) were made in February 2015. In April the new form was shared via a booth at the Utah Assisted Living Association (UALA) Annual Conference. Avalon Healthcare, which has 16 long term care facilities in Utah, has begun a pilot project in which paper forms for residents are being uploaded to the clinical Health Information Exchange managed by the Utah Health Information Network. The new POLST is available in English and Spanish on the [Utah Health Department’s website](#). Additional translations are likely needed, Intermountain Healthcare is providing data on languages most needed.

Regence Blue Cross has also been very supportive of this project.

b. Cause of Death Data Visualization Project

A grant has been provided from the Sorenson Legacy Foundation for a data visualization project begun by the Commission, using Medicare data to determine the best “target audience” for the POLST. The first step will be examining medical records of decedents in Salt Lake County. Participants in the project include the Utah Population Database and the Institute for Health Metrics and Evaluation.

c. The Interim Health and Human Services Legislative Committee has announced one of its four major focal areas is “Care of the Elderly.” Rep. Rebecca Chavez-Houck is coordinating presentations. One area of interest for the Commission is addressing cuts to and increasing responsibilities of the State of Utah Long-Term Care Ombudsman Program.

d. Strategic Planning Session October 14 at State Capitol

The Utah State Innovation Model Planning Grant to develop strategies for the further development and dissemination of Provider Orders for Life-Sustaining Treatment. Anne encouraged members of this commission to volunteer to be involved.

All should contact Anne for volunteering.

Andrew Jackson shared that Mountainland has commissioned the Utah Foundation to conduct a study on impact of the cost of the Utah aging population. October is the target date for releasing the study’s findings. Andrew will share that information with the Commission.

3. Utah’s Aging and Disability Resource Centers Outreach to Rural Veterans – Jen Morgan 12:25 - 12:45 PM

Jen Morgan shared a PowerPoint presentation about the successful and growing “Cover to Cover” program with the Aging and Disability Resource Centers. The ADRC’s are mostly run by local personnel, and build on the purpose of helping get veterans connected to the services that are available for them, for which they may not be aware, and providing counseling for all of their options. A veteran

can now call once place and get assistance with all of their benefits. The program is still not well known and they are trying to build awareness and education state wide. This program will be expanding into Davis County soon. The program to provide person-centered counseling to rural Utah veterans was recently awarded the top “Promising Practice” for the state of Utah, and it is being used as a model for two surrounding states.

4. Relay Utah Program – Keaton McDonald

12:45 – 12:55 PM

Keaton shared that the Relay Utah service is part of the Utah Public Service Commission.

The Relay Utah program offers services that can change lives for those in the community with hearing loss by providing:

- Free assistive technology for people to use. There are simple and amplified phones, simple caption screens and a mobile service is available that can be paired to a Bluetooth phone. All people who qualify are eligible for 1 free phone or amplification for a cellular phone.
- Relay Utah also provides public education to businesses and organizations to make sure that they have proper training to answer relay phone calls.
- Landline Service is declining and over the next 5 years their products and services are going to change.
- Eligibility to qualify – at or below 200% of federal poverty level, or receiving Government assistance (including Medicaid).
- The Relay Utah program seeks referrals of individuals who could qualify for and benefit from this free program.

5. Utah State Alzheimer’s Plan – Ronnie Daniel

12:55-1:10 PM

Ronnie shared that in 2011 the Governor commissioned a group to develop a state plan for Alzheimer’s. Ongoing funds have been received to implement the plan (approx. \$160K). A new position was recently posted for the Alzheimer’s State Plan Specialist.

Some anticipated first-line activities to be addressed:

- Proper recording of Alzheimer’s/Dementia on death certificates.
- Medical staff education credits / CE credits to require dementia and Alzheimer’s education.

Legislative action needed

No requirements are currently in place for medical training to include Alzheimer’s diagnosis.

The Dept. of Health is focusing on promoting awareness and understanding about dementia and Alzheimer’s.

It is estimated that 3.5 Billion dollars is lost in the workplace due to caregivers of parents with Alzheimer’s and dementia. Federal rules still need to be approved for paid time off (particularly allowing sick leave) for caregivers.

6. Adult Immunizations – Becky Kapp

1:10-1:20 PM

Becky shared that there is a Utah Adult Immunization committee. Its main purpose is education to adults, and to convince older adults to get the immunizations they need – particularly important before going on Medicaid in order to save money (Medicaid does not cover all immunizations). This is a new committee. Becky will share updates with the Commission as she learns more.

7. Other Business - All

1:20-1:30 PM

Mark Supiano shared that the director of Habitat for Humanity – Larry Gulf - has requested a study of the health benefits for seniors to age in place. He suggested this as a possible topic for study by the Housing Working group.

Richard Starley mentioned that the vast majority of seniors are aging in place, so he is hoping that more services will be designed for seniors who live at home.

Andrew Jackson will send Holly information on new Mountainland study.

Ralph Vaughn shared that the recent emergency with tainted water in Syracuse demonstrated the inefficiency of the Reverse 9-11 program. An alert sent out to tell all citizens to boil water was not effective. The most effective methods of reaching people was through Facebook, and neighbors helping each other. Homebound individuals and the senior citizen population were identified as high risk.

Shawn McDonough asked for details about the “Triple As.” **Becky Kapp** clarified that the term AAA = Area Agencies on Aging. There are 12 AAA across Utah, their most well-known service being the Meals on Wheels program authorized by the federal Administration on Aging.

Alan Ormsby offered the AARP’s board room to anyone who needs a nice meeting space. The film *Still Alice* is being screened by AARP for free June 18th.

Anne Palmer shared that Shawn McDonough and Alan Ormsby met recently with the Dean of the University of Utah’s College of Architecture and Planning – Keith Diaz Moore. Dr. Moore would like to create a research center analyzing aging in place and aging communities, if he is able to attain institutional support for it.

Next meeting: Wednesday, Aug. 12th, 12 noon. *Location Confirmed: Tenth East Senior Center 237 South 1000 East, Salt Lake City, UT 84102*

Meeting was Adjourned

1:30 PM

Meetings of Interest

June 24 - AHRQ Webinar on Improving Informed Consent and End-of-Life Communication

Presenters: **Kristina Cordasco, MD, MPH, MSHS and Sydney Dy, MD, MSc, FAAHPM**
Register here: <http://ahrq.cmeuniversity.com/course/disclaimer/111455>

September 11– Workshop: Conscious Eldering – Aging with Intention and Passion

With Ron Pevny of the Center for Conscious Eldering
September 11-13, 2015 - Alta, Utah Registration Deadline: August 15, 2015
<http://www.newmoonritesofpassage.com/consciouseldering>

2015 Bi-Monthly Commission Meeting Schedule

- Wed. Aug 12, 2015 12-1:30 PM ~ Location: Tenth East Senior Center 237 South 1000 East, Salt Lake City, UT 84102
- Wed. Oct. 14, 2015 12-1:30 PM ~ Location: Utah Capitol East Senate Building – Aspen Room
- Wed. Dec. 9, 2015 12-1:30 PM ~ Location: University of Utah Union Building – Parlor A.

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