Building a National Support Infrastructure for Family Caregivers

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Today’s Discussion

About NAC

Policy landscape: Global, National, Local Levels

Policy Priorities

Caregiving is a Public Health Issue
National Alliance for Caregiving

**Vision:**
A society that values, supports, and empowers family caregivers to thrive at home, work, and life.

**Mission:**
We build partnerships in research, advocacy, and innovation to make life better for family caregivers.

CAREGIVING in the U.S. 2020

The number of Americans providing unpaid care has increased over the last five years.*

- 43.5 million in 2015
- 53 million in 2020
- 18% in 2015
- 21% in 2020

NEARLY ONE IN FIVE (19%) ARE PROVIDING UNPAID CARE TO AN ADULT WITH HEALTH OR FUNCTIONAL NEEDS.**

- More Americans are caring for more than one person.
  - 18% in 2015
  - 24% in 2020

- More family caregivers have difficulty coordinating care.
  - 19% in 2015
  - 26% in 2020

- More Americans caring for someone with Alzheimer's disease or dementia.
  - 22% in 2015
  - 26% in 2020

- More family caregivers report their own health is fair to poor.
  - 17% in 2015
  - 21% in 2020

23% OF AMERICANS SAY CAREGIVING HAS MADE THEIR HEALTH WORSE.

Who are today’s family caregivers?

- 39% MEN
- 61% WOMEN

- 45% HAVE HAD AT LEAST ONE FINANCIAL IMPACT

- 61% WORK
Policy Landscape: Global, National, Local
NAC Core Advocacy Principles

**Expand** Caregiver Access to Supports and Services
(Example: Build on OAA Title III-E Investments and Expand Services Beyond the “Aging Network”)

**Invest** in Evidence-Informed Caregiver Research
(Example: Provide Evidence Where Services and Supports Lower Healthcare Costs, Improve Health Outcomes, Are Person-and-Family-Centered, and Address Social Determinants of Health)

**Protect** the Financial Security of Caregivers
(Example: Ensure Caregivers Are Not Excluded from Family and Medical Leave Act Modernization)

**Include** Caregivers as a Vital Member of the Health and Human Services System
(Example: Demonstrate to CMS Where HCBS and LTSS Programs Should Include Caregivers as a Member of the Healthcare Team)

**Enhance** the Health and Wellness of Caregivers
(Example: Build on CDC Efforts to Address Caregivers as an At-Risk Population)
Building the National Caregiver Support Infrastructure

Coming soon
Caregiving is Core to National Public Health

Alzheimer's Disease and Healthy Aging

Caregiving for Family and Friends — A Public Health Issue

Caregiving is an important public health issue that affects the quality of life for millions of individuals. Caregivers provide assistance with another person's social or health needs. Caregiving may include help with one or more activities important for daily living such as bathing and dressing, paying bills, shopping and providing transportation. It also may involve emotional support and help with managing a chronic disease or disability. Caregiving responsibilities can increase and...
Thank you!

Feel free to contact me:

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