

Building a National Support Infrastructure for Family Caregivers

SEPTEMBER 30, 2020 | PREPARED BY MIKE WITTKE, MPA

Today's Discussion

About NAC

**Policy landscape: Global, National,
Local Levels**

Policy Priorities

Caregiving is a Public Health Issue

National Alliance for Caregiving



Vision:

A society that values, supports, and empowers family caregivers to thrive at home, work, and life.

Mission:

We build partnerships in research, advocacy, and innovation to make life better for family caregivers.



NAC Network

Caregiving in the U.S. 1997, 2004, 2009, 2015, 2020

CAREGIVING in the U.S. 2020

The number of Americans providing unpaid care has increased over the last five years.*

43.5 million
2015

53 million
2020



18%
2015

21%
2020

NEARLY ONE IN FIVE (19%) ARE PROVIDING UNPAID CARE TO AN ADULT WITH HEALTH OR FUNCTIONAL NEEDS.**

More Americans are caring for more than one person.



18%
2015

24%
2020

More family caregivers have difficulty coordinating care.

19%
2015

26%
2020



More Americans caring for someone with Alzheimer's disease or dementia.



22%
2015

26%
2020

More family caregivers report their own health is fair to poor.

17%
2015

21%
2020



23% OF AMERICANS SAY CAREGIVING HAS MADE THEIR HEALTH WORSE.

Who are today's family caregivers?



39%
MEN



61%
WOMEN



45%
HAVE HAD AT LEAST ONE FINANCIAL IMPACT



61%
WORK

Policy Landscape: Global, National, Local

MULTIJURISDICTIONAL ALIGNMENT



Global State of Care
Supported by *Embracing Care™*
IACO International Alliance of Caregivers

RAISE FAMILY CAREGIVING
ADVISORY COUNCIL

Caregiver Support Blueprint for Delaware
A Report to the Delaware General Assembly

A VOICE FOR ALABAMA CAREGIVERS

Picking Up the Pace of Change in California:
A Report From the California Task Force on Family Caregiving
USC Leonard Davis, AARP California, Alzheimers

Caregivers in Idaho
A Report from the Idaho Family Caregiver Task Force and the Idaho Caregiver Alliance
December, 2015

The Maryland Commission on Caregiving

New Mexico State Plan For Family Caregivers

Caregivers Task Force
Making Care Possible for All Mississippians

Governor's Task Force on Caregiving



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National Alliance for Caregiving

NAC Core Advocacy Principles



Expand Caregiver Access to Supports and Services

(Example: Build on OAA Title III-E Investments and Expand Services Beyond the “Aging Network”)

Invest in Evidence-Informed Caregiver Research

(Example: Provide Evidence Where Services and Supports Lower Healthcare Costs, Improve Health Outcomes, Are Person-and-Family-Centered, and Address Social Determinants of Health)

Protect the Financial Security of Caregivers

(Example: Ensure Caregivers Are Not Excluded from Family and Medical Leave Act Modernization)

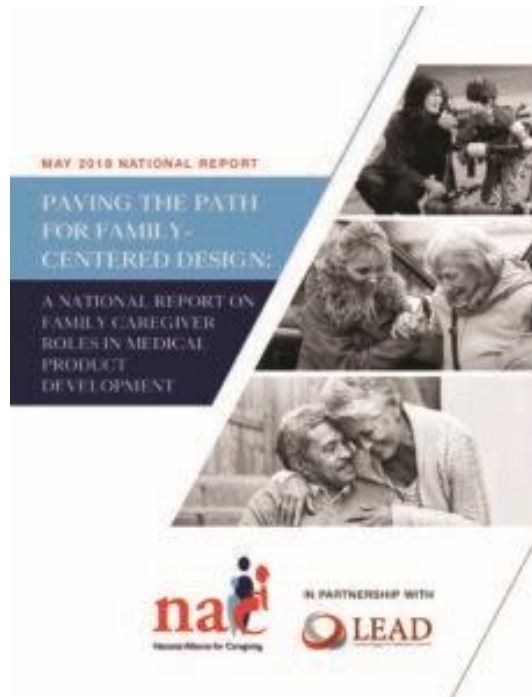
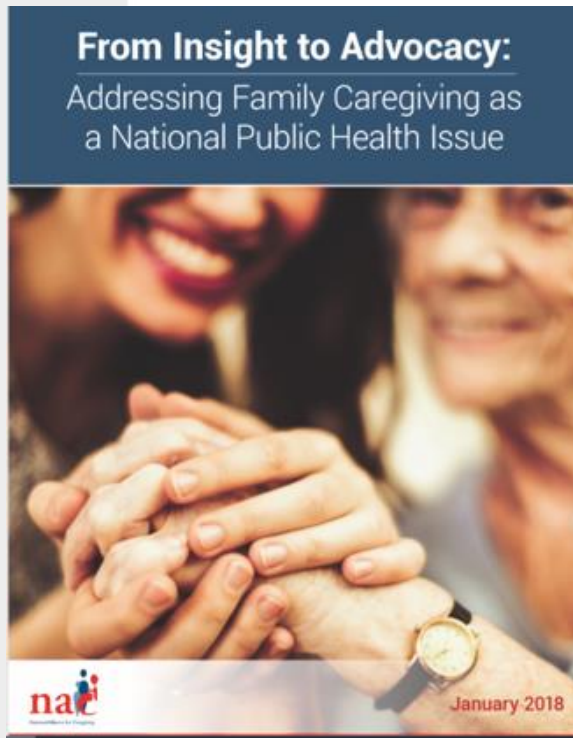
Include Caregivers as a Vital Member of the Health and Human Services System

(Example: Demonstrate to CMS Where HCBS and LTSS Programs Should Include Caregivers as a Member of the Healthcare Team)

Enhance the Health and Wellness of Caregivers

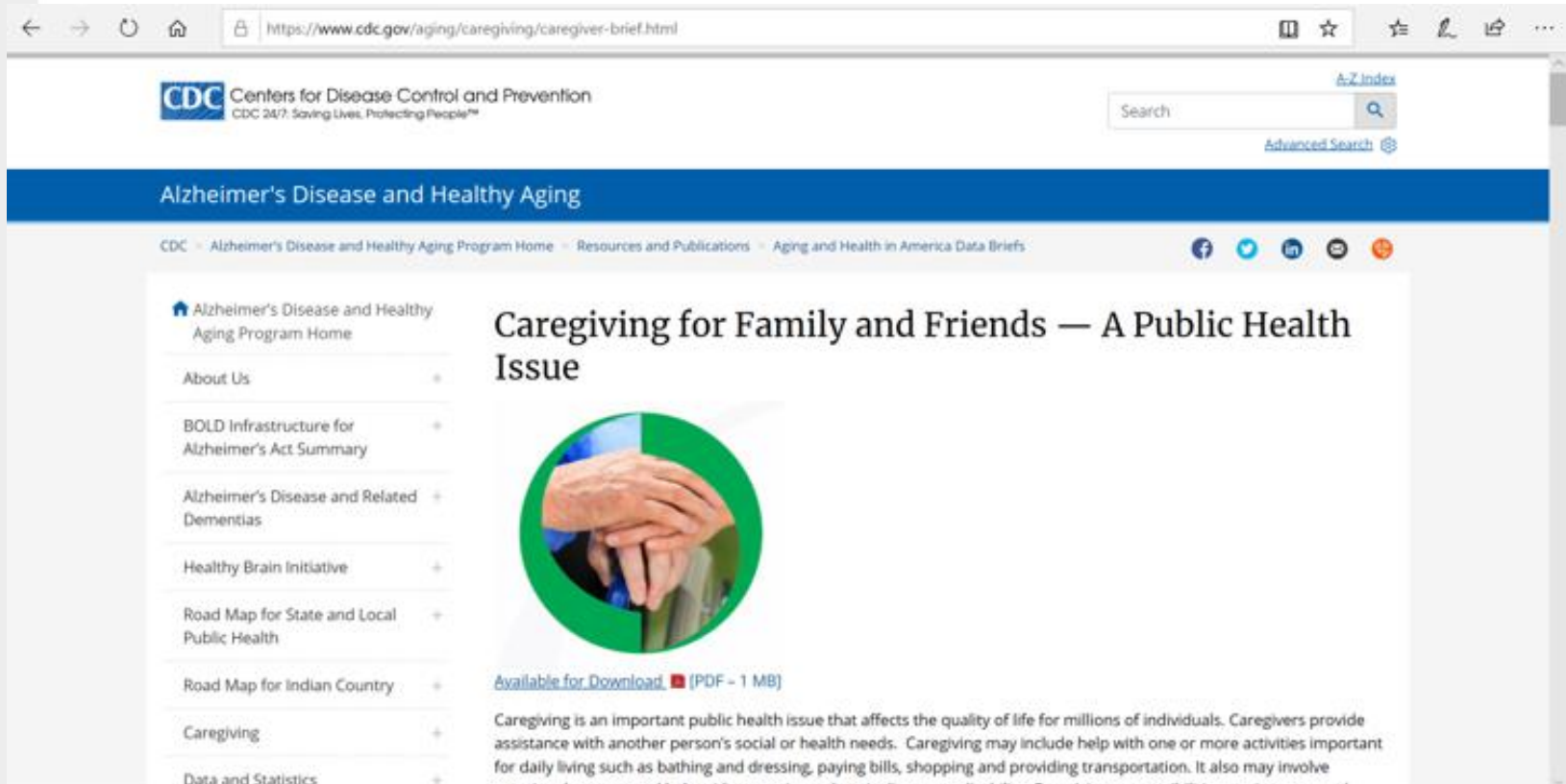
(Example: Build on CDC Efforts to Address Caregivers as an At-Risk Population)

Building the National Caregiver Support Infrastructure



Coming soon

Caregiving is Core to National Public Health




The screenshot shows a web browser window displaying the CDC website. The address bar shows the URL: <https://www.cdc.gov/aging/caregiving/caregiver-brief.html>. The page header includes the CDC logo and the text "Centers for Disease Control and Prevention" and "CDC 24/7. Saving Lives. Protecting People™". A search bar is visible on the right. The main content area features a blue banner for "Alzheimer's Disease and Healthy Aging". Below this, a navigation menu lists various topics, with "Caregiving" highlighted. The main article title is "Caregiving for Family and Friends — A Public Health Issue". A circular image shows two hands clasped together. Below the image, there is a link to download a PDF (1 MB) and a paragraph of text describing caregiving as an important public health issue.

Alzheimer's Disease and Healthy Aging Program Home

- About Us
- BOLD Infrastructure for Alzheimer's Act Summary
- Alzheimer's Disease and Related Dementias
- Healthy Brain Initiative
- Road Map for State and Local Public Health
- Road Map for Indian Country
- Caregiving
- Data and Statistics

Caregiving for Family and Friends — A Public Health Issue



[Available for Download](#) (PDF - 1 MB)

Caregiving is an important public health issue that affects the quality of life for millions of individuals. Caregivers provide assistance with another person's social or health needs. Caregiving may include help with one or more activities important for daily living such as bathing and dressing, paying bills, shopping and providing transportation. It also may involve emotional support and help with managing a chronic disease or disability. Caregiver responsibilities can increase and

Thank you!

Feel free to contact me:

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