

Utah Commission on Aging

DECEMBER MEETING MINUTES

Date: Wednesday, December 4, 2013

Time: 12:00-1:30 PM

Location: University of Utah Olpin Union Building
200 South Central Campus Drive, SLC, UT 84112

Attended	INVITED	REPRESENTING
	Members	
X	Karla Aguirre (proxy for Jon Pierpont)	Utah Department of Workforce Services
X	Representative Stewart Barlow	Utah House of Representatives
X	Sarah Brenna	Area Agencies on Aging
	Barry Burton	UT Association of Counties
	Michael S. Cupello	Public Safety Sector
X	Dr. Bob Rolfs (proxy for David Patton)	Utah Department of Health
	Danny Harris (proxy for Alan Ormsby)	Aging Advocacy Organizations
X	Nels Holmgren (proxy for Anne Silverburg Williamson)	Department of Human Services
X	Becky Kapp (Chair)	Health Care Provider Industry
X	Gary Kelso	Long-Term Care
	William (Bill) Knowles	UT Transportation
	--vacancy--	Utah League of Cities & Towns
	Alan K. Ormsby, J.D.	AARP, Aging Advocacy
X	O. Fahina Tavake Pasi	Ethnic Minorities
	David Patton	Utah Department of Health
X	Anne Peterson (Executive Director)	Utah Commission on Aging
	Senator Brian Shiozawa, M.D.	Utah Senate
X	Mary Street	Business Community
X	Mark Supiano, M.D.	Higher Education
X	Frances (Fran) Wilby	Charitable Organizations
	Nate Talley (proxy for Spencer Eccles)	Governor's Office Economic Development
X	Troy Wilson	Legal Profession
X	Elizabeth (Bette) Vierra	General Public
	Kimberlee Willette	Office of the Governor
X	Tracey Larson	Financial Institutions
Guests		
X	Donna Russell	Office of the Public Guardian
X	Tim Shea	Administrative Office of the Courts
X	Danny Musto	State Ombudsman
X	John Cowan	Long Term Care Ombudsman, Davis County
X	Nan Mendenhall	Adult Protective Services
Staff		
	Holly Abel	Program Coordinator, UT Commission on Aging (UCOA)
X	Rhonda Hypio	Program Coordinator, Aging & Disability Resource Center (ADRC)
X	Jennifer Morgan	Program Manager, Aging & Disability Resource Center (ADRC)

1. Welcome, Holiday Luncheon, Announcements, Minutes Approval

12:00 - 12:45 PM

Corrections to the last minutes, Anna Dresso's name should be spelled Dressel. That correction to the minutes will be made.

October Minutes were approved.

Reports from the Commission:

Karla Aguirre gave a report on unemployment and seniors which showed that one in four people claiming unemployment is over the age of 50. She has further breakdown of these statistics for veterans. The duration of unemployment for older workers is also longer. They are putting together strategies to 13,000 active job seekers in the system

Guest Tim Shea gave a report on the findings from the working group meeting on Guardianship [WINGS; Working Interdisciplinary National Guardianship of Stakeholders]. A summit took place in November, and a meeting took place just prior to this lunch meeting today to discuss further steps since the summit. The purpose was exploring better, more accurate info for the public trying to get Guardianships; the relevance of the model of the Aging and Disability Resource Connection (ADRC) as a "no wrong door" for the sharing of public information for people trying to attain guardianship, and seeking caregiving decisions and need services. This model includes the role of Options Counselling, and would give to the public an open face, to speak accurately and uniformly from the same page. The participants will work together on training and the creation of a clean reference guide on guardianship for front-line staff who address Guardianship issues.

Nels Holmgren reported that Gov. Herbert's proposed budget had been released and it included \$300,000 of ongoing funds for nutritional programs, and \$214,000 to support staff and record keeping at Adult Protective Services.

2. Mobility Management for Seniors – Mary Guy-Sell - mobility manager for the

Wasatch Front Regional Council and Mountainland Association of Governments 12:35-12:50 PM

Mary explained that "mobility management" means working with multiple services to meet the needs of individuals who qualify as: persons disabled, living in poverty, older adults, or veterans. There are state-wide efforts underway in separate Utah planning regions. Types of needs can include; Interstate transportation (Greyhound and Amtrak particularly helpful), public transportation, UTA, Commercial transportation (reducing fares, coupons for lower rate, etc), active transportation – walking or cycling, They are working with the following counties: Davis, Morgan, Salt Lake, Utah, Tooele, and Weber, and some in Wasatch.

Websites are available for each county, as well as regionally, for people to gather details. Partnerships are formed with government agencies, individuals, human services agencies, religious organizations, etc.

By 2016 there will be nearly 1.6 million senior Utahns, over the age of 60. By 2040 the Wasatch Front senior population will have grown from current 13% to 26%. A survey was conducted last year to look at needs, which ranked in the following order for necessary destinations of seniors per the survey results;

1. Grocery store
2. Religious services
3. Community events
4. Doctor's appointments

Per the survey, seniors consider weather and safety conditions the largest barrier to transportation independence.

- Getting info to individuals – collaboration with 2-1-1
- Customized transportation plans can be built by a representative
- Promoting public transit is a focus currently. A lot of Seniors have not taken public transit. UTA has a "travel trainer" that can go out and help a person (or groups) and take them to and from their destinations.

- Building transportation “boards” for Senior Centers
- Volunteer programs and training
- Partnering with iTN (Independent Transportation Network) America private nonprofit. Volunteer drivers for 24/7 service for Seniors. Helps them transition into a non-driving lifestyle, relying on this service (currently in 25 states, but they are working on establishing one in SL County and then expand to rural areas). <http://itnamerica.org/what-we-do-for-seniors>
- Services to be explored and shared between transportation agencies: Maintenance services, operational expenses, scheduling and dispatching, funding for projects, reporting for grant funding
- “Empowering seniors in maintaining health and independence”

Mary’s request to the Commission was for assistance in coordination with the medical community. Mark Supiano said that when people are referred for evaluation and driving assessment it would be nice if those physicians and healthcare workers who must deliver the news that an older person should no longer drive will have information on options to hand to them.

The Department of Motor Vehicles does driver license agency determinations ultimately – and it would be good for them to have info to hand to the people as well.

3. **Land Use Planning for an aging population:** Mary Street, Commerce Real Estate, Business Community Rep. 12:45-1:05 PM

Mary Street shared a presentation that she and two others gave at the Urban Land Institute’s Land Use Conference. Attending that Oct. presentation were: land use attorneys, land developers, commercial real estate developers, land investors, city planners, city managers – and people involved in land use legislation. The purpose was to convey that we need to develop land use vocabulary and better understand the impact of the elimination of state code 10A-9A-516 - which created a problem, because local entities defer to state law that is now absent). A redefining of variables needs to happen so that the focus on land use planning and community planning will be:

- Affordable
- Appropriate
- Accessible

Additionally, livable communities need to provide

- Transportation options that are affordable, safe & accessible
- Community events and activities that encourage people of all ages to participate

Mary Street’s view is that the laws on the books are inadequate and that after conducting some education, perhaps a legislative solution to ways of incorporating housing for the elderly could be found (this planning goes hand in hand with planning for ADA / persons with mobility needs. For example, there are no consistent land-use planning definitions between “Independent Living” / “Senior Apartments / “Board Care Housing” from a regulatory standpoint.

Mary Guy Sell said that a Jane’s Walk focusing on walkable and livable communities showed that the land between 3300 South to 3900 South was ideally suited along a transportation corridor for this type of housing. However, townhomes were built that were exempt from meeting ADA guidelines so homes were not built on-grade, to universal design criteria.

Mary Street shared the suggestions that were made for changing planning for senior friendly communities –

- Start with looking at all the things the community has and provides (meals on wheels, rec center, senior center, sidewalks, placement of things in the community, shopping, infrastructure.
 - Not focusing on size of lots, but focusing on building structures with no barriers for people confined to a wheelchair, or who are using a walker, or who cannot drive.
 - Overcome barriers to retrofitting single family housing into shared homes – “best practices” to refer to.
 - “Golden Girls Law” enacted in 1953 – Code 10A-9A-516 [Residential Facilities for Elderly Persons – the problem was that the rule limited to eight the number of unrelated people who could share a home, and one of the people living there had to own the dwelling – so it did not enable Senior Communities and co-housing models or independent living]. This code was removed from State Law in the last legislative session, but has not been removed from local ordinances yet. Community leaders were notified that they need to revise their own local zoning ordinances.
4. **Follow-ups for Senior Housing Workgroup – Anne Peterson:** Members of the Senior Housing Working Group are working with the Utah Chapter of the Urban Land Institute to co-sponsor a Guest Workshop in February or March on housing.; The ePOLST Sustainability Steering Group will have its first meeting January 6 , 2014 1:20 – 1:25 PM
 5. **Other Business from Commission Members** 1:25 – 1:30 PM
 6. **Meeting Adjourned** 1:30 PM

2014 Meeting Schedule for Utah Commission on Aging

Bi-monthly meetings are proposed for Wednesdays will be held either 12-2 PM or 1-3 PM on following dates:

- **February 12** – location, Alta Club
- **April 9**
- **June 11**
- **August 13**
- **October 15**
- **December 10**

Holly Abel
 Administrative Program Coordinator - holly.abel@utah.edu /
 Office: 801-585-9540 / Direct: 801-213-4156