

Utah Commission on Aging

JUNE MEETING AGENDA

Date: Wednesday, June 11, 2014

Time: 12:00-1:30 PM

Location: Tenth East Senior Center - 237 S 1000 East SLC, 84102

Attendance	INVITED ATTENDEES	REPRESENTING
	MEMBERS	
Excused	Karla Aguirre (proxy for Jon Pierpont)	Utah Department of Workforce Services
	Representative Stewart Barlow	Utah House of Representatives
X	Mayor Ron Bigelow – West Valley City	Utah League of Cities and Towns
Excused	Barry Burton	UT Association of Counties
Excused	Michael S. Cupello	Public Safety Sector
Excused	Spencer Eccles	Governor’s Office of Economic Development
	David C. Gessel	Health Care Provider Industry
	Carol George (proxy for Spencer Eccles)	Governor’s Office of Economic Development
	Danny Harris (proxy for Alan Ormsby)	Aging Advocacy Organizations
Excused	Nels Holmgren (proxy for Ann Silverberg Williamson)	Department of Human Services
X	Becky Kapp (Chair)	UT Area Agencies on Aging
	Gary Kelso	Long-Term Care
	William (Bill) Knowles	UT Transportation
X	Tracey Larson	Financial Institutions
X	Alan K. Ormsby, JD	AARP, Aging Advocacy Organizations
X	O. Fahina Tavake Pasi	Ethnic Minorities
	David Patton	Utah Department of Health
X	Anne Palmer (Executive Director)	Utah Commission on Aging
X	Robert Rolfs, MD (proxy for David Patton)	Utah Department of Health
	Senator Brian Shiozawa, M.D.	Utah Senate
X	Mary Street	Business Community
X	Mark Supiano, M.D.	Higher Education
X	Frances (Fran) Wilby	Charitable Organizations
	Nate Talley (proxy for Kristin Cox)	Governor’s Office of Management and Budget
X	Ann Silverberg Williamson	Department of Human Services
X	Troy Wilson, JD	Legal Profession
X	Bette Vierra	General Public
	GUESTS	
	Marion Davies	Dept. of Workforce Services
X	Shawn McDonough	SLC Mayor’s Office – Aging in Place Initiative
X	Scott McBeth	Mountainland
X	Jen Morgan, Director	Aging & Disability Resource Center (ADRC)
X	Christie North	University of Utah – School of Business
	Staff	
X	Holly Abel	Program Coordinator, UT Commission on Aging

- 1. Luncheon, Introductions, Minutes Approval - Becky Kapp** 12:00-12:15 PM

The minutes were approved as amended.

- 2. Welcome New Member:** David C. Gessel, Utah Hospital Association (absent)
Handout: UCOA Relationship Flow Chart 12:15-12:20 PM

Anne gave an introduction of the new flow chart. Members were encouraged to ask questions, and to send any changes to Anne, Holly or Becky.

3. Member Presentation: Tracey Larsen, “Elder Abuse Conference Report” 12:20 - 12:40 PM

Tracey shared a copy of the program for the 2nd Annual Elder Abuse Conference. It was held last week in Provo. At the conference last year there was a track for private and another track for professionals. This year it was geared more toward the professionals. About 150 people attended. It is sponsored by the EVAC and Provo Police.

Two purposes

1. Educational
2. Coordination of services

The conference focused on letting professionals know what services are available and what they do to help.

The Keynote was given by Provo police chief.

Facts & percentages of reported elder abuse:

- 16% financial exploitation
- 20% fear of family member
- 16% physically abused
- 9% inappropriately touched
- 24% put down by another family member
- 4% other

Tracey reported on breakout sessions on:

“Money Smarts for Elder Adults”, “Compassionate Communication”, “Domestic Violence”

Impaired mobility issues due to weakness and health issues were discussed:

“The body is an imperfect chemical experience” – Regulations for physicians and re-visits for prescriptions and additional visits to doctors is a large barrier to wellness for the elderly.

13% of 65 and older live in poverty. They receive inadequate food, lack of healthcare, utilities, and are greatly vulnerable to catastrophic events,

Money Smart for Older Adults booklet is available.

Karen McMullin, Utah Division of Services, showed the different databases that could be used. Free booklet and all handouts can be downloaded at the following link, or by dialing the number below:

<http://www.fdic.gov/consumers/consumer/moneysmart/oa.html>

1-801-530-6600

“Compassionate Communication”: Learning to use empathetic language; openhearted acceptance, no agenda.

“Domestic Violence” – overview of laws, consideration of working with an adult and what terminology to use

The film “Alive Inside” was shown and everyone was deeply moved.

Scott McBeth shared that Provo was the catalyst but the funding for the conference came from the 12 area agencies on Aging. Each year they will rotate to different counties throughout the state of Utah.

Holly will send the info for the free screenings of “Alive Inside” to everyone.

4. Guest Presentation: Scott McBeth, Mountainland Assoc. of Governments, “Veterans Directed Home & Community Based Services (VD-HCBS)” 12:40 - 12:55 PM

Scott McBeth shared a handout about “Veterans Directed Home & Community Based Services. The model being used typically through the aging waiver program and choices waiver program provides case management. A social worker meets with the family and veteran to determine appropriate level of services. The Veteran becomes the official employer of the services. There is a case manager, but the Veteran gets to decide what services he/she wants and how the services will be delivered. Veterans are very satisfied with the program because of the added independence/ choices they are given.

There is a document developed and approved by National Resource Center for Participant Directed Services. The local VA is contacted to see if they want the program. Then our VA approved and they hired a project manager to get the program up and running. There is a guide for the coordinator, and a guide for the veteran.

An orientation is given to the employee by a case manager working through a company ACCUMEN. A budget is established and a service plan established for each individual. They are hoping for an initial 25-30 clients and they have already begun to expand state-wide and in less than 3 months. Becky Kapp at Salt Lake County AAA is helping to implement the service. They will have at least 3 areas up and running possibly by end of December.

AAA + ADRC + Veterans State Units on Aging all coordinating together. There is funding to support their funding base. **Alan Ormsby** said the program was receiving positive reviews.. A person can hire family, spouse or friends 18 and older to be the client’s caregiver. It is very flexible on what is allowed. The family caregivers can be paid and will be monitored.

Question Raised: Is there data collection happening? – Yes. The VA has a cost-need-schedule for budgeting. They feel they are going to save a lot more money. They have looked at their current system and regardless of the need, all of the people seem to be benefitting.

Mark Supiano shared that this is a national program that has been proven to be highly cost effective. The individuals who are receiving these services have high likelihood of being institutionalized otherwise, so this is saving them from being institutionalized and also extremely cost saving.

5. Guest Presentation: Christie North, Univ. of Utah, “Taking Care of Our Parents” 12:55-1:15 PM

Christie North shared about PCORI research project. They determined they needed to get closer to patients and families and get their input on the challenges people with ailing parents and loved ones face.

Tier 1 = \$15,000 grass roots funding that Debra Scammon and Christie North received. Their information gathering will then be shared back to the main study.

In future they will apply for the next tiers.

Tier 2 = \$25,000

Tier 3 = \$50,000

There are 4 groups in Utah. Christie and Debbie’s project is based on Elder Care experiences. They are holding town hall meetings, groups, etc. to get input.

What they have learned

1. Huge benefits for family members to be primary caregivers although it is hard for the caregiver to see
2. Medication management is difficult for caregivers
3. Frustrations and fears
4. A guidebook is needed for families
5. Most family members have no idea what they are getting into when they agree to caregiving. “Why did I agree to do this?”

Challenges for the study.

1. Advisory Board has not been able to meet yet
2. Volunteer Coordination
3. Need more people to speak with – need referrals. Especially need to talk with male caregivers.

Everyone is encouraged to please contact them and send them referrals.

Need people in June, July & August. They can work with one-one interviews or a “town hall” type group meeting. Contact Debbie Scammon or Christie North.

6. Setting our Legislative Agenda - Mayor Ron Bigelow

1:15 - 1:20 PM

Mayor Bigelow emphasized that the challenge is not the message, but how the message is put together and presented.

- All legislators are very inundated with information, and need clear outlines.
- There are some advocates for aging adults, but there are not specific organized advocates for the aging population.
- It is essential for having elected officials who are aware of our needs and can represent us in meetings that we don't get to be in. (the closed “money discussions”). Most financial decisions are made in closed meetings, caucuses, leadership meetings, etc. So we need people to speak out in those meetings about the aging population needs.
- Usually joint leadership in the Republican party makes most of the decisions.

Mayor Bigelow encouraged that anyone in our group who has a relationship with a legislator, to speak to them and encourage them to vote for aging services.

Other tips:

- If you send them reading material, have all the info on the first summary page.
- Books don't get read
- The soonest we could get on the agenda is in September. They are getting close to deciding the agenda in the next week. So if we want them to discuss our issues over the interim then we need to act quickly.
- The clearer we can be on what we want to accomplish

Anne Palmer shared what the Commission has done so far:

1. Guided the agenda for intergovernmental roundtable in May – waiting for the minutes from that meeting
2. Becky Edwards, Tim Cosgrove, Senator Wyler were in attendance. Topics discussed were: Nutrition, Elderly Housing, Practitioners for Rural Utah, End of Life care planning, Adult Protective Services (Nels) were discussed and it was a lively and positive position

3. On July 11th Becky & Anne will be meeting with Senator Shiozawa & Rep. Barlow including several of the Commission advocates will meet to create short descriptions of the issues and decisions suggested and she will send to Mayor Bigelow, and to our elected officials. An intern working with us this summer will join this group

Mayor Bigelow stressed that the summaries must be extremely succinct and easy to read and understand.

Bette Vierra asked if there was a rural caucus.

Answer: Yes. But it's important to have someone who is sympathetic and on board.

The 5 topics have not been prioritized yet by Becky & Anne

Robert Rolfs shared that we want to be sure to prioritize the issues. If you want to have a win, you need to focus on the issues that are likely to be successful for state funding and perhaps look for outside funding for other needs. The possibility of a state SIM grant represents one possible "win."

7. Other Business Items

1:20 - 1:30 PM

Anne Palmer shared an update on *Alive Inside* film, and Music in Memory:

The Commission is managing the roll-out for the program.

We need places for people to donate used iPods, new iPods and iTunes gift cards. Tracey will look into using American Fork Bank as a site.

Alan Ormsby offered for AARP to donate padded envelopes and mailing supplies.

8. Meeting Adjourned

1:30 PM

Upcoming Meetings: 2014 Utah Commission on Aging

Bi-monthly meetings are held on Wednesdays from 12-1:30 PM. Upcoming dates:

- **Wed. Aug. 6th, 2014** 12:00 - 1:30 PM UT State Capitol, East Senate Bldg. Spruce Room 350 N. State, SLC, 84114
- **Wed. Oct. 15th, 2014** 12:00 - 1:30 PM Location TBA
- **Wed. Dec. 10th, 2014** 12:00 - 1:30 PM Holiday Luncheon Meeting - University of Utah Union Bldg. Parlor A
200 S Central Campus Drive, Salt Lake City, Utah 84105

Holly Abel

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