

**Utah Commission on Aging**  
**December Meeting Minutes**

**Date:** Wednesday, December 10, 2014

**Time:** 12:00-1:30 PM

**Location:** University of Utah Union Building Parlor A, 200 So. Central Campus Drive, SLC, UT 84105

<b>X= Attended</b>	<b>INVITED ATTENDEES</b>	<b>REPRESENTING</b>
	<b>Members</b>	
Excused	Karla Aguirre (proxy for Jon Pierpont)	Utah Department of Workforce Services
Excused	Representative Stewart Barlow	Utah House of Representatives
Excused	Mayor Ron Bigelow – West Valley City	Utah League of Cities and Towns
X	Barry Burton	UT Association of Counties
	Patty Conner (proxy for Val Hale)	Governor’s Office of Economic Development
	Michael S. Cupello	Public Safety Sector
X	David C. Gessel	Health Care Provider Industry
Excused	Val Hale	Governor’s Office of Economic Development
	Danny Harris (proxy for Alan Ormsby)	Aging Advocacy Organizations
X	Nels Holmgren – Vice Chair (proxy for Ann Silverberg Williamson)	Department of Human Services
X	Becky Kapp – Chair	UT Area Agencies on Aging
Excused	Gary Kelso	Long-Term Care
	William (Bill) Knowles	UT Transportation
X	Tracey Larson	Financial Institutions
X	Alan K. Ormsby, JD	AARP, Aging Advocacy Organizations
X	Anne Palmer (Executive Director)	Utah Commission on Aging
	O. Fahina Tavake Pasi	Ethnic Minorities
Excused	David Patton	Utah Department of Health
	Robert Rolfs, MD (proxy for David Patton)	Utah Department of Health
Excused	Senator Brian Shiozawa, M.D.	Utah Senate
X	Angie Stefaniak (proxy for David Patton)	Utah Department of Health
	Mary Street	Business Community
X	Mark Supiano, M.D.	Higher Education
	Nate Talley	Governor’s Office of Management and Budget
X	Bette Vierra	General Public
X	Frances (Fran) Wilby	Charitable Organizations
Excused	Ann Silverberg Williamson	Department of Human Services
X	Troy Wilson, JD	Legal Profession
	<b>Guests</b>	
X	Marion Davis (on behalf of Karla Aguirre)	Dept. of Workforce Services
X	Cole Hansen	Gov.’s Office of Management and Budget
X	Nancy Madsen	Utah Division of Aging & Adult Services
X	Shawn McDonough	SLC Mayor’s Office
	Nan Mendenhall	Adult Protective Services
X	Jen Morgan, Director	Aging & Disability Resource Center (ADRC)
X	Ellen Silver	Jewish Family Service
X	Cindy Turnquist	Sage Hill Cohousing
	Bennett Wheatley	UCOA and Music & Memory Intern
	<b>Staff</b>	
X	Holly Abel	Program Coordinator, UCOA

**1. Luncheon Begins: Welcome, Introductions, Minutes Approval - Becky Kapp 12:00 - 12:10 PM**

2. **UDVMA's mission, structure and objectives** - Gary Harter  
Executive Director, Department of Veterans & Military Affairs

12:10 - 12:30 PM

**Mission:** Advocate, Connect and Grow programs. [www.veterans.utah.gov](http://www.veterans.utah.gov)  
“Opening the Doors to Benefits, Education and Jobs”

**Objectives:** Response of services for veterans and families, by opening doors to benefits, education, and jobs. A program coordinating veteran services, military units and installations. There are approximately 152K veterans in Utah. 10% are female. They work with many organizations – state agencies and the National Guard, business community, colleges and businesses to ensure that military members are well served.

- 34% of all Utah veterans are over 65
- 52% of all Utah veterans are over 55
- 30% of all Utah veterans are Vietnam Era
  
- The correct question to ask is: “**Have you ever served in the military?**”

There are so many benefits for people who served in any branch of military. There is a “no wrong door” approach to getting veterans identified and entered into the services. All entities are now coordinating together to provide better service to the veterans and making them aware of their benefits.

Mr. Harter provided a handout with more statistics and a list of programs available with contact information. These fliers or his PowerPoint presentation can be made available to those interested.

3. **Utah Commission on Aging Annual Report** – Anne Palmer

12:30 - 12:50 PM

All in attendance received a copy of the new Commission on Aging Annual Report. Anne discussed some of the highlights of the report which was well received.

4. **Music & Memory PSA / Launch** – Anne Palmer

12:50 - 1:00 PM

- **Kurt Bestor** is the music ambassador for the new Music & Memory Utah Coalition. He has helped make a call for used iPod donations which will last through the end of January when a new (non-holiday) PSA will be released. [watch the PSA at the Coalition website: [www.aging.utah.edu/musicandmemory](http://www.aging.utah.edu/musicandmemory) ]
- 39 nursing homes have completed pre-requirement training. The goal is to have all nursing homes across the state trained in the Music & Memory program and provided with iPods and headphones for its residents.
- Veterans at the VA nursing homes and many other nursing homes are already using the program. 25 more facilities will be training and implementing
- Publicity has been done by KSL, FOX and KUED, as well as KUER and Park City TV – Please follow the Coalition Facebook page for more media & program updates <https://www.facebook.com/musicandmemoryutahcoalition>
- The Utah Healthcare Twitter Feed is displaying the PSA
- The film “Alive Inside” is now available to watch on Netflix. All are encouraged to see it

- Angie Stefaniak has a copy of the Alive Inside movie if anyone is interested in borrowing it.
- Dr. Jeff Andersen & Dr. Norman Foster will be running a neuro-imaging research study in tandem with the Music & Memory program to look at brain activity while listening to favorite songs.

**5. Other Business Items – Becky Kapp / All**

1:00 - 1:15 PM

**Fran Wilby:** shared handouts for the interdisciplinary series of seminars.

**Alan Ormsby:** shared that Fox News: “Boomers Forward” program is always looking for new ideas. The Music & Memory initiative would probably be a good fit. **Anne** will contact Dave Nemeth, the program coordinator.

**Tracey Larsen:** Elder Abuse conference will be held June 19<sup>th</sup> at the Meridian Center in West Jordan. Paul Greenwood is coming from San Diego as the keynote speaker. More info will be distributed in the future.

**Bette Vierra:** Would like to have the POLST and the Vials of Life made available easily to the public. She has been advocating for the Vials of Life program to come to Holladay City, but so far has been unsuccessful with the Fire department there.

**Meeting Adjourned**

1:15 PM

**2015 Bi-Monthly Commission Meeting Schedule**

The 2015 Meeting Schedule begins **Wed. February 11<sup>th</sup>** and continues bi-monthly.

- Wed. Feb. 11, 2015 12-1:30 PM ~ The Alta Club 100 E. South Temple, SLC, UT 84111
- Wed. April 8, 2015 12-1:30 PM ~ SLC Public Safety Building 475 South 300 East, SLC UT 84111
- Wed. June 10, 2015 12-1:30 PM ~ Location: tba
- Wed. Aug 12, 2015 12-1:30 PM ~ Location: tba
- Wed. Oct. 14, 2015 12-1:30 PM ~ Location: tba
- Wed. Dec. 9, 2015 12-1:30 PM ~ Location: tba

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Holly Abel

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