

Utah Commission on Aging
April 2015 Meeting Minutes

Date: Wednesday, April 8, 2015

Time: 12:00-1:30 PM

Location: Salt Lake City Public Safety Building - 475 S 300 E, Salt Lake City, UT 84111

Attendance	INVITED ATTENDEES	REPRESENTING
	Members	
Excused	Karla Aguirre (proxy for Jon Pierpont)	Utah Department of Workforce Services
Excused	Representative Stewart Barlow	Utah House of Representatives
Excused	Mayor Ron Bigelow – West Valley City	Utah League of Cities and Towns
X	Barry Burton	UT Association of Counties
Excused	Patty Conner (proxy for Val Hale)	Governor’s Office of Economic Development
X	Michael S. Cupello	Public Safety Sector
	David C. Gessel	Health Care Provider Industry
Excused	Val Hale	Governor’s Office of Economic Development
	Danny Harris (proxy for Alan Ormsby)	Aging Advocacy Organizations
X	Nels Holmgren – Vice Chair (proxy for Ann Silverberg Williamson)	Department of Human Services
Excused	Andrew Jackson	Public Transportation
Excused	Becky Kapp – Chair	UT Area Agencies on Aging
X	Gary Kelso	Long-Term Care
X	Tracey Larson	Financial Institutions
Excused	Alan K. Ormsby, JD	AARP, Aging Advocacy Organizations
X	Anne Palmer (Executive Director)	Utah Commission on Aging
	O. Fahina Tavake Pasi	Ethnic Minorities
Excused	David Patton	Utah Department of Health
	Senator Brian Shiozawa, M.D.	Utah Senate
Excused	Angie Stefaniak (proxy for David Patton)	Utah Department of Health
X	Mary Street	Business Community
X	Mark Supiano, M.D.	Higher Education
Excused	Nate Talley	Gov’s Office of Management and Budget
X	Bette Vierra	General Public
Excused	Frances (Fran) Wilby	Charitable Organizations
Excused	Ann Silverberg Williamson	Department of Human Services
X	Troy Wilson, JD	Legal Profession
	Guests	
X	Mike Akerlow	SLC Housing & Neighborhood Development
X	Marion Davis (proxy for Karla Aguire)	Dept. of Workforce Services
X	Hailey Hadean	Neighborhood House
X	Cole Hansen	Gov.’s Office of Management and Budget
X	Nancy Madsen	Utah Division of Aging & Adult Services
X	Shawn McDonough	SLC Mayor’s Office
X	Sheri McKendrick	Proxy for Mayor Bigelow - West Valley City
X	Nancy McGee	Intern, Salt Lake County Active Aging
X	Nan Mendenhall	Adult Protective Services
X	Jen Morgan, Director	Aging & Disability Resource Center - ADRC
X	Richard Starley	Utah Senior’s Village
X	Ralph Vaughan	Davis Co. Senior Services Advisory Board
	Staff	
X	Holly Abel	Program Coordinator, UCOA

1. Welcome, Introductions, Minutes Approval – Nels Holmgren **12:00 - 12:10 PM**

Following introductions, the February minutes were approved.

2. Legislative Outcomes Update – Anne Palmer **12:10 - 12:20 PM**

Anne reviewed the priority legislative issues for the 2015 and reported that appropriations were received for all of them.

Appreciation was expressed for Senator Shiozawa and Rep. Barlow for their support and advocacy.

Anne referred everyone to the handout list of each of the appropriations, and discussed each item. Anne and Dr. Supiano will be meeting with Dr. Marc Babbitz of the Department of Primary and Rural Health to discuss the distribution of the Loan Repayment funds.

Dr. Supiano had questions about the two loan repayment appropriations. Anne clarified they were two separate legislative actions, one for physicians only and one for geriatric health professionals including physicians.

3. World Age-Friendly Cities Initiatives – Shawn McDonough, Salt Lake City Mayor’s office **12:20 - 1:00 PM**

Exploring Age friendly cities. WHO = World Health Organization is a public arm of the United Nations for health performance of cities worldwide. “Age Wellness” is a priority.

WHAT: An age friendly city enables people of all ages to participate, treats all with respect, and makes it easy for people to stay connected, healthy, and active at an older age, and helps people live in dignity.

Global Guidelines for age-friendly initiative were shared. Priority is placed on active aging, older adults used as a resource, accessible structures and services, checklists of age-friendly city characteristics, criteria to join WHO. Making sure that cities are all aware of aging issues and forming focus groups for older adults. The advantages for cities to have membership with WHO allows them to have connection with other cities and researchers, and it helps with tourism and economic development.

COST: There is no charge by the World Health Organization, but each city must make a commitment to invest staff time and resources to become an age-friendly city.

WHY: Population globally is aging and urbanized. By 2050 there will be more people 60+ than children 0-14. About 80% of older people in the world are urban dwellers. By 2030 3 out of 5 people will live in urban areas. By 2050 globally there will be 2 Billion 60+ people in the world.

SLC has one of the youngest populations in the nation, however east bench areas are highest in aging population. USA has 38 cities participating with WHO including San Francisco, San Antonio, DC, Austin, Boston.

Two efforts within the city that could be considered related to the Age-Friendly cities concept are PlanSaltLake and the Mayor’s “Aging in Place” Committee. A new website will provide information for older adults with a planning calendar for upcoming activities.

HOW

To become an Age Friendly City:

1. Go to www.AgeFriendlyWorld.org – submit an online form
2. Obtain a letter of commitment from City Mayor and municipal administrator.
3. Initiate four steps for an age-friendly community which include 4 steps / processes / action plan

4. Housing – 5000 Doors Project – Mike Akerlow, Director 1:00 – 1:20 PM

SLC Community & Economic Development Department
Housing & Neighborhood Development Division (HAND)

Assessing the city, and finding out what the needs are. Mike presented income levels and charts for AMIs (Annual Median Incomes) for a family of four. 40% are trying to live with \$27K a year. 20% are below the poverty level. 24% of children poverty and 39% single mother families. 2,000 homeless per night on average. 25% of renters are severely cost-burdened spending 50% or more of their income per month on rent.

Housing gap analysis has been performed, it is available on their website.

8200 rental units were identified for those at 40% below of AMI.

- Need for affordable housing in SLC is increasing rapidly.
- Renters are spending more than they can afford with rental rates rising.

Goal for 5000 more affordable homes/rentals. The city is becoming a minority majority, and ethnic minority individuals in the city tend to be lower income families or individuals. 5 year plan has been given to HUD. There are 4 grants for housing they are in partnership with. “Neighborhoods of Opportunity” – focusing on 5 areas to improve in those neighborhoods.

“Permanent Supportive Housing” – housing for people coming out of homelessness. They are adding 300 more units over the next 5 years.

Three areas the city is working on to create new doors:

1. New Development
2. Preservation
3. Housing Assistance – rental and down payment assistance

Mike referred people to the website: www.SLC5000doors.com – Formally launched January 9th, 2015

How Does This Relate To Aging Population

1. Loan program to improve a home, referred to as a “rehab” program.
2. Helping younger family members find housing to allow older adults to have more space in their own homes.
3. Helping to make improvements to older adult homes
4. Modifying a home to accommodate a wheelchair
5. Inter-generational housing – the concept of Accessory Dwelling Units seems to be gaining favor while it was previously opposed.
6. Preventative maintenance program – who to call to do improvements.

Bette Vierra asked: What about other cities in Utah? Is there going to be any collaboration?

Answer: SLC still needs to interact better. They have done outreach with the State, County and other cities, but will continue to try to coordinate more activities. It would be good to coordinate with funding cycles, and the ASSIST program could be something to collaborate with.

Mark Supiano made Mike aware of the following people that should be reached out to, and utilized:

1. Keith Diaz Moore, Ph.D. – new Dean of architecture at the University of Utah who specializes in the planning and design of communities for the aging population and cognitive impairment.
2. Fran Wilby, Ph.D. College of Social Work – Neighbors Helping Neighbors program that the City can partner with.
3. Kara Dassel, Ph.D. – College of Nursing and Gerontology program

Holly will send contact information to Shawn McDonough.

Anne Palmer – urged everyone to talk to their city council representatives to have their cities become an “age friendly” WHO city. Anne suggested that the Commission could be helpful coordinating these efforts. Our Housing Workgroup is inactive due to focus on senior technologies.

5. Music and Memory Program Update – Anne 1:20 - 1:25 PM

The Music and Memory Utah Coalition received a \$5,000 grant from the Marriner S. Eccles Foundation. The next meeting is on April 20th. The former representative for the Utah Health Care Association Deb Burcombe resigned to move out of state. Music & Memory needs a representative to be assigned ASAP.

Gary Kelso will talk to the Health Care Association to ensure they send someone to replace Deb.

- Anne encouraged everyone to please talk to nursing homes and encourage them to partner with the Health Care Association to institute Music & Memory.
- Anne will be attending an Intergenerational Conference to represent Music & Memory
- Jackson Hole Wyoming would like to be considered a partner with the Utah program
- If you are thinking of doing a used iPod drive in your centers or city, please contact Anne
- At the next Commission meeting Anne hopes to have secured dates and locations for Salt Lake City branch library screenings of the documentary *Alive Inside*.

6. New Business Matters of Interest– Nels / All 1:25 - 1:30 PM

Meeting Adjourned 1:30 PM

2015 Bi-Monthly Commission Meeting Schedule

- Wed. June 10, 2015 12-1:30 PM ~ Tenth East Senior Center 237 S 1000 E, Salt Lake City, UT 84102
- Wed. Aug 12, 2015 12-1:30 PM ~ Location: tba
- Wed. Oct. 14, 2015 12-1:30 PM ~ Location: tba
- Wed. Dec. 9, 2015 12-1:30 PM ~ Location: tba

Holly Abel
 Administrative Program Coordinator - holly.abel@utah.edu /
 Office: 801-585-9540 / Direct: 801-213-4156